III. Correlation of Diocesan Human Growth & Development Curriculum

Below are concepts explored in the Diocesan Human Growth and Development Curriculum that works to support the Sexual Abuse Awareness Training mandated by the Diocese of Buffalo.

The required lesson plan can be integrated with the HG & D curriculum or may be used independently. The vocabulary listing at the end of each grade level of the Human Growth and Development Curriculum should also be consulted.

PreK-2

- God created each of us.
- A good relationship is one in which we truly love the other and want to help them do what is right and good.
- We show our love for someone in many different ways. Affection is shown through hugging, holding hands, etc.
- Our bodies are gifts from God and we must take care of them by eating the right things, resting and exercising properly, and avoiding sickness.
- Through Baptism, the Holy Spirit came into our hearts in a special way. Our bodies are temples of the Holy Spirit and should be treated with respect.

Grade 3-5

- We need to make good choices about how we show affection.
- God does not want anyone to hurt or offend another by misusing ways of showing affection.
- We have the right to say NO to others if we do not like the way they touch us or speak to us.
- Our relationships must model Jesus and his relationships.
- Respect for safety is our Christian duty.

Grade 6-8

- Puberty is the process during which adolescents mature into young men and women physically, mentally, emotionally, and spiritually.
- Chastity is a value.
- Wrong uses of sexuality include pornography, incest, molestation, rape, sexual harassment.
- Develop refusal skills when you are being pressured into something that makes you uncomfortable.
- Identify boundaries in different relationships.

Grade 9 and up

- Develop healthy intimacy skills without genital activity.
- Develop skills for identifying healthy vs. exploitative relationships.
- Avoid drugs, alcohol and other substances that might impair good decision making.