



# September 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6 Milk: 1% White 1% Chocolate Fat Free .45	7	8	9	10	11	12 Alternate Lunches: Deli Turkey, Egg Salad or Tuna Served with Milk Veggies and Fruit
13	14 Hard or Soft Shell Tacos Rice Corn Pears	15 Pop Corn Chicken Seasoned Noodles Green Beans Peaches	16 Rotini w/ Meat Sauce Tossed Salad Fruit Cup	17 Pizza Fresh Veggies with Dip Blueberries	18 Toasted Cheese Tomato Soup Carrots Crackers Fruit Cup	19 Chef Salad Served with Bread ,Fruit and Milk
20	21 Chicken Tenders Mashed Potatoes Bread Fresh Fruit	22 Cheeseburgers Oven Fries Orange Juice Pineapple	23 Assorted Subs Vegetable Soup Crackers Fruit Cup	24 Pizza Green Beans Birthday Cake Peaches	25 Chicken Quesadillas Seasoned Rice Corn Pears	26
27	28 Loaded Nachos Seasoned Rice Corn Strawberries	29 Chicken Pattie On a Roll Mashed Potatoes Fruit Cup	30 Hot Turkey with Gravy Mashed Potatoes Corn Juice			